



COMPREHENSIVE LBD SYMPTOM CHECKLIST

Add a check mark next to any new or concerning LBD symptoms. Write your comments or questions for the doctor in the comment field. Bring this form with you to your next appointment or send it to the doctor in advance.

COGNITIVE SYMPTOMS	
	Forgetfulness
	Trouble with problem solving or analytical thinking
	Difficulty planning or keeping track of sequences (poor multi-tasking)
	Fluctuating levels of concentration and attention
	Disorganized speech and conversation
	Unexplained episodes of confusion
	Difficulty with sense of direction or spatial relationships between objects
PARKINSON'S-LIKE SYMPTOMS	
	Rigidity or stiffness
	Shuffling walk
	Balance problems or repeated falls
	Tremor
	Slowness of movement
	Weak voice
	Change in handwriting
	Decrease or change in facial expression
	Drooling
	Loss of or decreased ability to smell
	Change in posture
BEHAVIOR AND MOOD CHANGES	
	Hallucinations - Seeing or hearing things that are not really present
	Other hallucinations (touch, smell)
	Depression
	Apathy (loss of interest and drive)
	Delusions (false beliefs)
	Anxiety



SLEEP CONCERN	
	Acting out dreams during sleep (sometimes violently), falling out of bed
	Excessive daytime sleepiness
	Insomnia
	Restless leg syndrome
AUTONOMIC SYSTEM DYSFUNCTION	
	Dizziness, lightheadedness or fainting – or changes in blood pressure
	Sensitivity to heat and cold
	Sexual dysfunction
	Urinary incontinence
	Constipation
	Unexplained blackouts or transient loss of consciousness
REACTIONS TO RECENT MEDICATION CHANGES	
	Significant improvement
	Minimal improvement
	No change
	Increased parkinsonism (stiffness, rigidity, etc.)
	Increased confusion
	Increased hallucinations
	Increased sleepiness
	Increased dizziness or fainting
COMMENTS/OTHER CONCERN	

The information set forth in this material is intended for general informational use only. It is not intended to be medical, legal or financial advice or to take the place of competent medical, legal or financial professionals who are familiar with a particular person's situation. Each individual is advised to make an independent judgment regarding the content and use of this information.